



Lists 100+ resources available to individuals in the
Greater Houston Area



Resources Blue Sheet

Teen And Police Service Academy
June 2024 Edition

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Animal Services

1. Houston Humane Society

Phone Number: 713-433-6421

Address: 14700 Almeda Rd.

Houston, TX 77053

Web Address: <https://www.houstonhumane.org/>

“The Houston Humane Society is dedicated to, and working towards, ending cruelty, abuse and the overpopulation of animals while providing the highest quality of life to those brought to us for care. We have dogs, cats, horses, and an assortment of other animals ready to be adopted into their new forever homes! The adoption process is simple, and we even offer certain discounts for some of our furry friends.”

2. Houston SPCA

Phone Number: 713-869-7722

Address: 7007 Old Katy Rd

Houston, TX 77024

Web Address: <https://houstonspca.org/>

“Improve and protect the lives of animals in our community and to alleviate their suffering and abuse. Offers: Adoptions, Sheltering and Rehoming Center, Injured Animal Rescue, Ambulance, Animal cruelty investigations, found animals, foster care, Volunteering, Programs for kids, Community outreach, Texas A&M College of Veterinary Medicine, partnership, The Wildlife Center of Texas, Disaster rescue, relief, and recovery, Providing pet meals to those in need through mission-based partners, PetSafe”

Child Care Services

3. AVANCE—Bammel

Phone Number: 281-819-1320

Address: 17309 Red Oak Dr.

Houston, TX 77090

Web Address: <https://www.avancehouston.org/locations/bammel/>

“Provides comprehensive child development, Head Start, and family support program which serves low-income children ages 3-5. Other locations are available in Houston.”

4. Project One Day Houston

Phone Number: 832-603-1153

Address: 2220 McKee

Houston TX 77009

Web Address: <https://www.podhouston.org/>

“How it Works: Parents Assistant Teach 1 Day, Get 4 Free
Participating parents complete training to become an infant and toddler teacher. Coursework takes 25 hours. Once trained, parents assist their child’s experienced, Christ-centered educator 1 day per week.”



Family Services

5. Buckner Family Hope Center

Phone Number: 346-226-7810

Address: 2575 Reed Road

Houston, TX 77051

Web Address: <https://www.buckner.org/houston> “Buckner International is a ministry dedicated to the transformation and restoration of the lives we serve. We are a Christ-centered organization that delivers redemptive ministry to the most vulnerable from the beginning to the ending of life.”

6. Change Happens

Phone Number: 713-374-1200

Address: 3353 Elgin St Floor 2

Houston, TX 77004

Web Address: <https://www.changehappenstx.org/>

“Since 1989, Change Happens! has fulfilled its mission by providing a variety of programs focused on educating and enriching our youth, promoting pro-active healthcare measures and housing displaced families.”

7. Gracewood

Phone Number: 713-988-9757

Address: 1617 Elmview Dr

Houston, TX 77080

Web Address: <https://www.gracewood.org/>

“Gracewood’s residential program provides moms with children the help needed to eventually live on their own. The program offers counseling, job training, positive parenting techniques, and other life-skills training needed for successful independent living. Prospective Gracewood clients include highly motivated single mothers who have at least one child living with them and who are experiencing a temporary crisis. The mothers need to be working, actively looking for employment or enrolled in school.”

8. Greater Houston Community Foundation

Phone Number: 713-333-2210

Address: 515 Post Oak Blvd., Suite 1000

Houston, TX 77027

Web Address: <https://ghcf.org/>

“Greater Houston Community Foundation is a community foundation dedicated to helping Houston thrive. Since 1995, we have been an impactful philanthropic resource in the community, distributing over \$2 billion in grants since our founding. We believe that

we are one community, and as such, we have made it our mission to ignite meaningful and positive change in the community we call home.”

9.Greenhouse International Church

Phone Number: 281- 209-9339

Address: 200 W Greens Road

Houston, TX 77067

Web Address: <https://www.ghic.net/>

“Under the leadership of Pastor EA Deckard, Green House International Church is devoted to spreading the gospel of Jesus Christ, teaching the application of God's Word and Global outreach.”

10.Harris County Domestic Relations Office

Phone Number: 713-274-7300 (Main)

Address: 1310 Prairie, Suite 700

Houston, Texas 77002

Web Address: <https://dro.harriscountytexas.gov/Pages/default.aspx>

“The Harris County Domestic Relations Office provides services to parties, parents, and children in the Harris County Family District Courts. All services are offered with a focus on the child's best interest.”

11.Harris County Resources for Children and Adults

Phone Number: 713-394-4000

Address: 2525 Murworth

Houston, TX 77054

Web Address: <https://resources.harriscountytexas.gov/>

“Provide support services for the children taken under the wing of the Texas Department of Family and Protective Services. County department has expanded services for early prevention, intervention, and adult services.”

12.Northwest Assistance Ministries

Phone Number: 281-885-4555

Address: 15555 Kuykendahl Road

Houston, TX 77090

Web Address: <https://www.namonline.org/about-nam>

“Northwest Assistance Ministries (NAM) is a nonprofit, community-based, multi-program social service agency that strives to meet basic human needs through Neighbors Helping Neighbors. NAM provides assistance in areas including food, shelter, health, education, safety and financial education.”

13.Salvation Army

Phone Number: 713-752-0677

Address: 1500 Austin Street
Houston, TX 77002

Web Address: <https://www.salvationarmyhouston.org>

“Local units of the Salvation Army offer emergency financial assistance to families.”

14.Sandy Hook Promise

Phone Number: 1-203-304-9780

Address: N/A

Web Address: <https://www.sandyhookpromise.org/>

“Sandy Hook Promise is a national nonprofit organization founded and led by several family members whose loved ones were killed at Sandy Hook Elementary School on December 14, 2012. Based in Newtown, Connecticut, our intent is to honor all victims of gun violence by turning our tragedy into a moment of transformation. By empowering youth to “know the signs” and uniting all people who value the protection of children, we can take meaningful actions in schools, homes, and communities to prevent gun violence and stop the tragic loss of life.”

15.SER Jobs

Phone Number: 713-773-6000

Address: 1710 Telephone Road
Houston, TX 77023

Web Address: <https://serjobs.org/>

“Transform the lives of individuals through education, skill-based training, employment, and long-term financial stability. Programming is available for adults, youth, previously incarcerated individuals, and veterans.”

16.Texas Department of Family and Protective Services

Phone Number: 713-394-4000

Address: 2525 Murworth Dr
Houston, TX 77054

Web Address: <https://www.dfps.texas.gov/>

“The Texas Department of Family and Protective Services (DFPS) works with communities to promote safe and healthy families and protect children and vulnerable adults from abuse, neglect, and exploitation. We do this through investigations, services and referrals, and prevention programs.”

17.United Way of Greater Houston

Phone Number: 713-685-2300

Address: 50 Waugh Dr.
Houston, TX 77007

Web Address: <https://unitedwayhouston.org/>

“We create opportunities for people to prosper through financial stability services, coupled with early childhood and youth development programs, and health care programs that help families not only gain financial stability but also build stronger, more sustainable futures.”



Food Services

18. Emergency Aid Coalition (EAC)

Phone Number: 713-528-3663

Address: 5401 Fannin St

Houston, TX 77004

Web Address: <https://eachouston.org/>

Provides temporary assistance in the form of food, clothing, and other basic needs, with an emphasis on serving the working poor.

19. Houston Food Bank

Phone Number: 713-223-3700

Address(s): Houston Food Bank East Branch - 535 Portwall St. Houston, TX 77029

Houston Food Bank North Branch - 146 Knobcrest Dr. Houston, TX 77060

Web Address: <https://www.houstonfoodbank.org/>

“Distributes food and other essentials to those in need through a network of more than 1,600 community partners. Provide programs and services aimed at helping families achieve long-term stability including nutrition education, job training, health management, and help in securing state-funded assistance.”

20. SNAP/Food Stamps

Phone Number: 832-369-9330

Address: 701 Waugh Drive

Houston, TX

Web Address: <https://www.yourtexasbenefit.com>

“Supplemental Nutrition Assistance Program (SNAP) offers nutrition assistance to millions of eligible, low-income individuals and families and provides economic benefits to communities.”

Healthcare Services

21. Air Care Alliance

Phone Number: 888-260-9707

Address: 2060 State Highway 595

Lindrith, NM 87029

Web Address: <https://www.aircarealliance.org>

“Free air transportation provided by private pilot volunteers for medical patients and their families. The prefer that you use their website to make appointments.”

22. Baylor Teen Health Clinic—Cullen

Phone Number: 713-798-4951

Address: Baylor College of Medicine One Baylor Plaza

Houston, TX 77030

Web Address: <https://www.bcm.edu/community/healthcare-outreach/teen-health-clinic/make-an-appointment>

“The Baylor Teen Health Clinic provides free and confidential primary and reproductive preventative healthcare services for Harris County adolescents and young adults, ages 13-24.”

23. Bo’s Place

Phone Number: 713-942-8339

Address: 10050 Buffalo Speedway

Houston, TX 77054

Web Address: <https://www.bosplace.org/en/>

“A non-profit, free-of-charge bereavement center, Bo’s Place offers multiple grief support services for children, families, and adults, and provides education and resources for those who assist people in grief.”

24. Friends of Man

Phone Number: 303-798-2342

Address: Littleton, Colorado (online/virtual correspondence permitted)

Web Address: <https://www.friendsofman.org>

“Friends of Man is an all-volunteer charity to help people with basic or special needs that cannot be provided elsewhere. We assist with prostheses, wheelchairs, medical equipment, mobility equipment, hearing aids and orthopedic shoes. Application must be filled out by a healthcare professional.”

25. International Association for Hospice and Palliative Care Inc.

Phone Number: 1 832-623-7650

Address: 5535 Memorial Drive, Suite F - 509
Houston TX 77007-8023, USA

Web Address: <https://hospicecare.com/home/>

“We serve as a global platform to inspire, inform and empower individuals, governments and organizations to increase access and optimize the practice of palliative care.”

26. Mercy Medical Angels

Phone Number: 1-800-296-1217

Address: N/A

Web Address: <https://www.mercymedical.org>

“Mercy Medical Angels is a free referral service that will connect citizens with flight resources. They do not book flights on behalf of their patrons, but they do match patrons with medical air transportation services to help find free or discounted tickets.”

27. Sunnyside Health Center

Phone Number: 832-395-0206

Address: 4605 Wilmington St
Houston, TX 77051

Web Address: <https://www.houstonhealth.org/services/clinical/health-centers/sunnyside-health-center>

“Full-service health department that performs many enhanced functions to address health inequities.”

28. Texas Ramp Project

Phone Number: 214-675-1230

Address: N/A

Web Address: <https://www.texasramp.org>

“Texas Ramp Project is a non-profit organization dedicated to creating safe, wheelchair access to homes and vehicles. Each ramp is hand crafted to meet the needs of each individual and location. The services of the Texas Ramp Project are free to eligible participants. Applications can be found on the website.”

29. Toiletries for Families

Email Address: tffserves@gmail.com Web Address: <https://tffserves.org/> “We fill the gap between needs and provisions by providing items for hygiene care to impoverished families and individuals. Families experiencing financial hardships and socio-economic adversity should not be deprived of essentials such as dental care items, soap, lotion, shampoo, and deodorant.”

30. University of Houston Public Clinic

Phone Number: 713-743-9682

Address: Health 2 Building Suite 1001E

4349 Martin Luther King Blvd Houston, TX

Web Address: <https://www.uh.edu/medicine/patient-care/family-care-center/>

“Center offers affordable, comprehensive primary care services in one location.”

31. Volunteer Interfaith Caregivers

Phone Number: 713-772-8181

Address: 4802 Lockwood Drive

Houston, TX 77026

Web Address: <https://www.stmhouston.org/vicsaw>

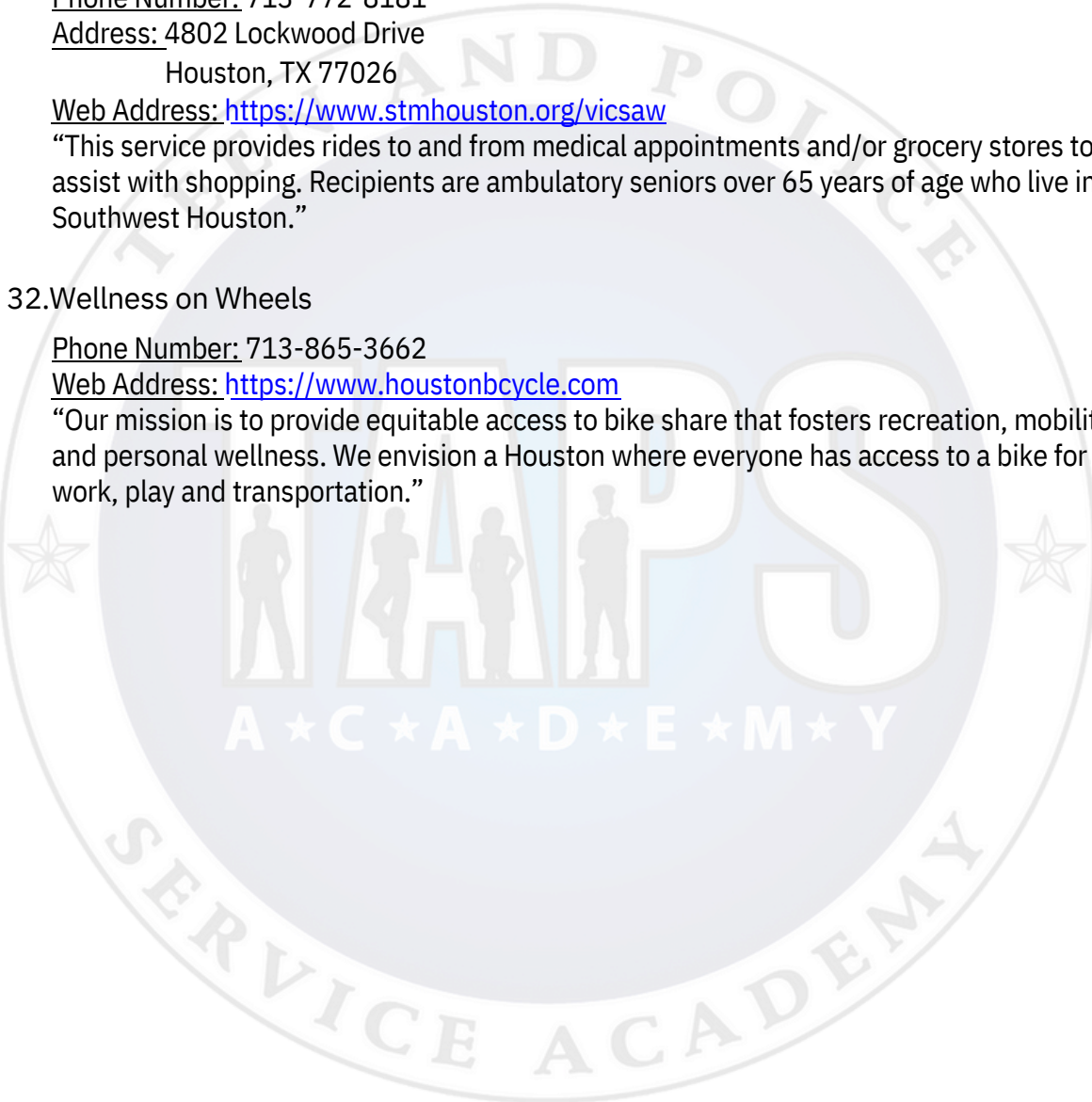
“This service provides rides to and from medical appointments and/or grocery stores to assist with shopping. Recipients are ambulatory seniors over 65 years of age who live in Southwest Houston.”

32. Wellness on Wheels

Phone Number: 713-865-3662

Web Address: <https://www.houstonbicycle.com>

“Our mission is to provide equitable access to bike share that fosters recreation, mobility and personal wellness. We envision a Houston where everyone has access to a bike for work, play and transportation.”



Homelessness, Housing/Shelter, and Utility Assistance Services

33. Aishel House

Phone Number: 713-522-2004

Address: 1955 University Blvd

Houston, TX 77030

Web Address: <https://www.aishelhouse.org>

“The organization aids in finding suitable homes, kosher and non-kosher, for eligible families. Full sized apartments are available fully furnished including linens, towels, alarm clocks, cable television, washer/dryer, patient and caretaker lounge, Synagogue on premises with Shabbos elevator, full kitchen, pull-out couch.”

34. Angela House

Phone Number: 281-445-9696

Address: 6725 Reed Rd

Houston, TX 77087

Web Address: <https://angelahouse.org/>

“Since 2002, Angela House has provided trauma-informed rehabilitative services in a safe, homelike atmosphere structured for the unique needs of formerly incarcerated women.”

35. Braes Interfaith Ministries

Phone Numbers: 713-723-2671

Address: 4300 West Belfort

Houston, TX 77035

Web Address: <https://www.braesinterfaithministries.org>

“We are mainly a food pantry. If qualified for assistance, recipients may come to their 4300 West Belfort locations once a month and pick up food. We must also provide financial assistance to low-income individuals who received a utility cut-off notice. A picture ID, proof of residency, social security cards for everyone in the household, and if possible, proof of income must be presented at each visit.”

36. Covenant House Texas

Phone Number: 713-523-2231

Address: 1111 Lovett Blvd

Houston, TX 77006

Web Address: <https://www.covenanthousetx.org/>

“We’re committed to helping young people get back on their feet and onto their next chapters. Achieved through providing: Hot, nutritious meals, warm, safe beds, urgent medical care, counseling and mental health services and lots of love and support.

37. Goodwill Industries

Phone Number: 713-692-6221
Address: 1140 West Loop North
Houston, TX 77055

Web Address: <https://www.goodwillhouston.org/>

“We educate, train, and hire individuals with barriers to employment to help them thrive. We connect people, families, and communities to improve lives and to meet the workforce needs of today and tomorrow.”

38. Harris County Community Services Department—Emergency Utility Assistance

Phone Number: 713-696-7900
Address: 8410 Lantern Point Dr
Houston, TX 77054

Web Address: <https://csd.harriscountytexas.gov/Pages/Emergency-Utility-Assistance.aspx>

“For many, you have a job. You work hard. But unforeseen circumstances can make it hard to make all ends meet. That is where the Harris County Community Services Department may be able to help. Assistance is subject to available funding. In the case of utility assistance, CSD partners with area utility providers who can make a limited amount of funds available to help people in need. If you qualify and if funding is available, we are happy to assist.”

39. Hospitality Apartments

Phone Number: 713-790-9120
Address: 7300 Bertner Ave
Houston, TX 77030

Web Address: <https://www.hospitalityapartments.org>

“We provide rent-free temporary housing for families receiving medical treatment at the Texas Medical Center and surrounding areas in Houston.”

40. Houston Housing Authority

Phone Number: 713-260-0500
Address: 2640 Fountain View Dr.
Houston, TX 77057

Web Address:

<https://housingforhouston.com/residents/public-housing/community-safety/>

“To improve lives by providing quality, affordable housing options and promoting education and economic self-sufficiency. The Houston Housing Authority provides affordable homes and services to more than 60,000 low-income Houstonians, including over 17,000 families housed through the Housing Choice Voucher Program, 4,200 living in 19 public housing and tax credit developments, and an additional 716 in project-based voucher developments around the city.”

41. HPD Mental Health Services- Homeless Outreach Team

Phone Number: 832-394-4200

Address: 150 N Chenevert St
Houston, TX 77002

Web Address: <https://www.houstoncit.org/hot/>

“The team helps the homeless with the following: Housing, Social Security cards, Passports, Birth certificates, Shelter referrals, Medical equipment, Employment, Bus fare, Medical care, Mental health treatment.”

Notes: When calling this number, ask for the Homeless Outreach Department.”

42. Medical Cost Recovery

Phone Number: 1-866-802-6381

Address: N/A

Web Address:

<https://catalog.data.gov/dataset/medical-care-cost-recovery-national-database-mccr-ndb#:~:text=The%20objective%20of%20the%20VA,medical%20care%20furnished%20to%20Veterans.>

“Call if you’re having trouble paying co-pays due to your medical condition affecting your financial situation. Check the website or call to see if you meet the criteria for a hardship.”

43. Neighborhood Centers Inc.

Phone Number: 713-590-2327

Address: 3838 Aberdeen Way
Houston, TX 77025

Web Address: <https://texvet.org/resources/neighborhood-centers-inc>

“Neighborhood Centers Inc. brings resources, education and connection to emerging neighborhoods to keep Houston a place of opportunity for everyone working for a better life. Neighborhood Centers Inc. provides a wide range of community-based programs that benefit youth, families and seniors in Houston and the Texas Gulf Coast.”

44. Star of Hope Mission Women and Family Development Center

Phone Number: 713-748-0700

Address: 4848 Loop Central Dr., Suite 500
Houston, TX 77081

Web Address:

<https://www.sohmission.org/our-services/women-and-family-development-center/>

“Each day at the *Women & Family Development Center* we house up to 150 families and 180 single women which starts them on the path to stability. We provide programs to help residents break the generational cycle of abuse, neglect and addiction that traps so many single women and families.”

Men’s Development Center

Phone Number: 713-748-0700
Address: 4848 Loop Central Dr., Suite 500
Houston, TX 77081

Web Address: <https://www.sohmission.org/our-services/mens-development-center/>

“Today, Star of Hope’s Men’s Development Center houses over 300 men nightly and provides emergency and residential programs. At times, due to extreme weather, the center will go into an over-flow mode and accommodate up to 100 additional clients. Chapel services are offered three times a day, as are meals. Showers and a clean change of clothing are also provided.”

45. The Coalition for the Homeless of Houston/Harris County

Phone Number: 713-739-7514
Address: 2000 Crawford St., Suite 700
Houston, TX 77002

Web Address: <https://www.homelesshouston.org/>

“The Coalition for the Homeless of Houston/Harris County acts as a catalyst, uniting partners and maximizing resources to move people experiencing homelessness into permanent housing with supportive services.”

46. The Way Home

Email Address: info@thewayhomehouston.org
Address: 2000 Crawford St., Suite 700
Houston, TX 77002

Web Address: <https://www.thewayhomehouston.org/>

“The Way Home is the collective effort to prevent and end homelessness in the Houston region through permanent housing with supportive services.”

Legal Services

47. AVDA

Phone Number: 713-224-9911

Address: 1001 Texas Ave., Suite 600
Houston, TX 77002

Web Address: <https://avda.org/>

“AVDA is a nonprofit organization that has served the Houston community for 40 years with the mission to end family violence by advocating for the safety and self-determination of victims, promoting accountability for abusers and fostering a community response to abuse. AVDA is dedicated to providing multilingual, transformational, lifesaving services to survivors of abuse and their families.”

48. Crime Stoppers

Phone Number: 713-222-8477

Web Address: <https://crime-stoppers.org/>
Anonymously report crime.

49. Disability Rights Texas

Phone Number: 713-974-7691

Address: 1500 McGowen St
Houston, TX 77004

Web Address: <https://disabilityrightstx.org/en/home/>

“Our mission is to help people with disabilities understand and exercise their rights under the law, ensuring their full and equal participation in society.”

50. Harris County District Attorney’s Office

Phone Number: 713-274-5800

Address: 1201 Franklin Street, Ste. 600
Houston, TX 77002-1923

Web Address: <https://www.harriscountyda.com/>

“The Harris County District Attorney's Office is dedicated to making our community safer through evidence-based prosecution and equal justice for all. This means guaranteeing a fair process to obtain a just result for the victim, the accused and the community in every case.”

51. Harris County Office of Justice and Safety

Phone Number: 832-927-6990

Address: 216 La Branch, 3rd Floor
Houston TX 77002

Web Address: <https://ojs.harriscountytexas.gov/>

“The Department coordinates, collaborates, facilitates information exchange, engages the community, conducts research, performs data analysis, and offers evidence-based solutions meant to increase public safety, fairness, equity, efficiency, and accountability throughout the Harris County justice system.”

52. Houston Justice

Phone Number: 713-861-7977

Address: N/A

Web Address: <https://houjustice.org/>

“We're a non-partisan advocacy group aimed at eradicating homelessness, recidivism, and injustice in the community at-large.”

53. League of Women Voters of Houston

Phone Number: 713-784-2923

Mailing Address: P.O. Box 270269

Houston, TX 77277-0269

Web Address: <https://lwwhouston.org/voters-guide/>

“The League of Women Voters of Houston is a nonprofit 501(c)3 charitable trust dedicated to serving the Houston community by offering voter outreach initiatives and trusted, impartial information about elections and major public policy issues.”

54. Lone Star Legal Aid (Houston Office)

Phone Number: 713-652-0077 or 800-733-8394

Address: 1415 Fannin Street

Houston, TX 77002

Web Address: <https://www.lonestarlegal.org>

“We serve 72 Texas and 4 Arkansas Counties by providing free advocacy, legal representation, and community education that ensures equal access to justice.”

55. Mayor’s Office of Gang Prevention and Intervention

Phone Number: 832-393-0931

Point of Contact: Victor M. Gonzalez, Jr.

Web Address: <https://www.houstontx.gov/mogpi/>

“MOGPI offers gang-related assistance to youth and adults and offer services such as: tattoo removal, case assistance, mentorship, safe housing, drug intervention and rehab, post-incarceration services.”

56. Mothers Against Drunk Driving

Phone Number: 281-590-2222

Address: 15355 Vantage Pkwy W # 220

Houston, TX 77032

Web Address: <https://madd.org/texas/>

“End drunk driving, help fight drugged driving, support the victims of these violent crimes, and prevent underage drinking.”

57. National Domestic Violence Hotline

Phone Number: 800-799-7233

Web Address: <https://www.thehotline.org/>

24-hour hotline; support available in several languages

58. National Human Trafficking Resource Center

Phone Number: 1-888-373-7888

Web Address: <https://humantraffickinghotline.org/en>

24-hour hotline; offers support in multiple languages and will direct callers to additional resources.

59. Refugee Services of Texas Houston Service Center

Phone Number: 713-644-6224

Address: 8323 Southwest Fwy Suite 850
Houston, TX 77074

Web Address: <https://www.rstx.org/>

“Guided by the principles of human compassion and dignity, Refugee Services of Texas welcomes refugees, immigrants, and other displaced peoples and supports them in integrating and thriving in their new communities.”

60. Safe Haven Laws in Texas

Web Address:

https://www.dfps.texas.gov/Child_Protection/Child_Safety/Resources/baby_moses.asp

Children less than 60 days old can be left safely and unharmed at any hospital, fire station, police station, or EMS service without prosecution. **IMPORTANT:** the child **MUST** be less than 60 days old and **COMPLETELY UNHARMED** at the time of drop-off.

61. Social Security Administration

Phone Number: 800-772-1213

Address: 8989 Lakes At 610 Dr
Houston, TX 77054

Web Address: <https://www.ssa.gov/>

“The Social Security Administration (Houston) is the first step in applying for social security benefits for disability, retirement, unemployment.”

62. The Houston Bar Association

Phone Number: 713-237-9429

Address: 712 Main Street

Houston, TX 77002

Web Address:

<https://www.hlrs.org/wp-content/uploads/FREE-LEGAL-SERVICES-1.pdf>

“This is a comprehensive resource page that gives contact information for both civil and criminal legal needs of civilians.”

63. United Against Human Trafficking

Phone Number: 713-874-0290

Address: 6671 Southwest Freeway Suite 220

Houston, TX 77074

Web Address: www.uhat.org

“Our Mission is to end human trafficking through preventing exploitation, educating the community, and empowering survivors.”

64. VictimConnect

Phone Number: 1-855-484-2846 (call or text)

Web Address: <https://victimconnect.org/>

“Provide confidential resources and referrals to empower crime victims to regain control, navigate their options, and determine their next steps. The VictimConnect Resource Center serves all individuals who reach out for assistance regardless of race, ethnicity, national origin, immigration status, religion, age, disability, sex, gender identity, gender expression, sexual orientation, or when the crime occurred.”

Mental Health Services

65. Charlie Health

Phone Number: 1 866-600-9578

Address: Virtual; Out-patient treatment

Web Address: <https://www.charliehealth.com/>

“Young people and families are living through a mental health epidemic. We're fighting it head on with industry-leading evidence-based care and equitable access. Our evidence-based programs are for young people in need of a higher level of support, with comprehensive, personalized treatment plans alongside peers with common goals.”

66. Crisis Intervention of Houston

Phone Number: 832-416-1177

Phone Number: (Teen): 832-416-1199

Address: 5322 West Bellfort Suite 203

Houston, TX 77035

Web Address: <https://www.crisishotline.org/>

Help people in crisis through intervention and referral for issues around mental health and suicidal thoughts.

67. Houston Area Women’s Center

Phone Number: 713-528-2121

Web Address: <https://hawc.org/>

“HAWC is a multi-racial, multi-lingual agency that supports survivors of domestic violence, sexual assault and sex trafficking. We provide immediate access to 24/7 crisis intervention services, ongoing trauma-informed support programs and violence prevention initiatives to survivors, their support networks and communities.”

68. Life Enhancement Services of Texas

Phone Number: (800) 553-6040

Address: 350 Glenborough Dr Ste 138

Houston, TX 77067

Web Address: <https://lesgroup.info/locations/lestexas/>

“LES specializes in community-based services for people diagnosed with a serious mental illness. Anyone can access help at LES for anxiety, depression, ADD/ADHD, PTSD and OCD and most other psychiatric and behavioral conditions and issues.”

69. Mental Health America of Greater Houston

Phone Number: 713-523-8963

Address: 2211 Norfolk St #810

Houston, TX 77098

Web Address: <https://mhahouston.org/#>

“Mental Health America of Greater Houston, established in 1954 by philanthropist Ima Hogg, is the area’s longest-serving mental health education and advocacy organization focused on shaping the mental health of people and communities in the areas of children and education, integrated health care, veterans, and community education.”

70. Normal Anomaly Initiative

Phone Number: 832-853-7709

Address: 10039 Bissonnet Street, Suite 107,

Houston, Texas 77036

Web Address: <https://www.normalanomaly.org/>

“Centering Black, queer plus persons to overcome barriers, end stigma and problematic narratives to actualize a new normal.”

71. The Montrose Center (LGBTQIA)

Phone Number: 713-529-0037

Address: 401 Branard Street

Houston, Texas 77006

Web Address: <https://montrosecenter.org/>

“The Montrose Center empowers our community—primarily lesbian, gay, bisexual, transgender, and queer (LGBTQ) individuals and their families—to live healthier, more fulfilling lives. Our team of state-licensed clinicians, masters-level therapists, skilled educators, support staff and dedicated volunteers work together to create healthier futures for our community.”

Substance Abuse Services

72. Bay Area Recovery Center

Phone Number: 281-508-1352

Address: 1100 Hercules Ave #130
Houston, TX 77058

Web Address: <https://www.bayarearecovery.com/east-houston-drug-rehab-center/>

“Bay Area Recovery Center is a family run drug and alcohol rehab. Free consultations offered, extended rehabilitation services.”

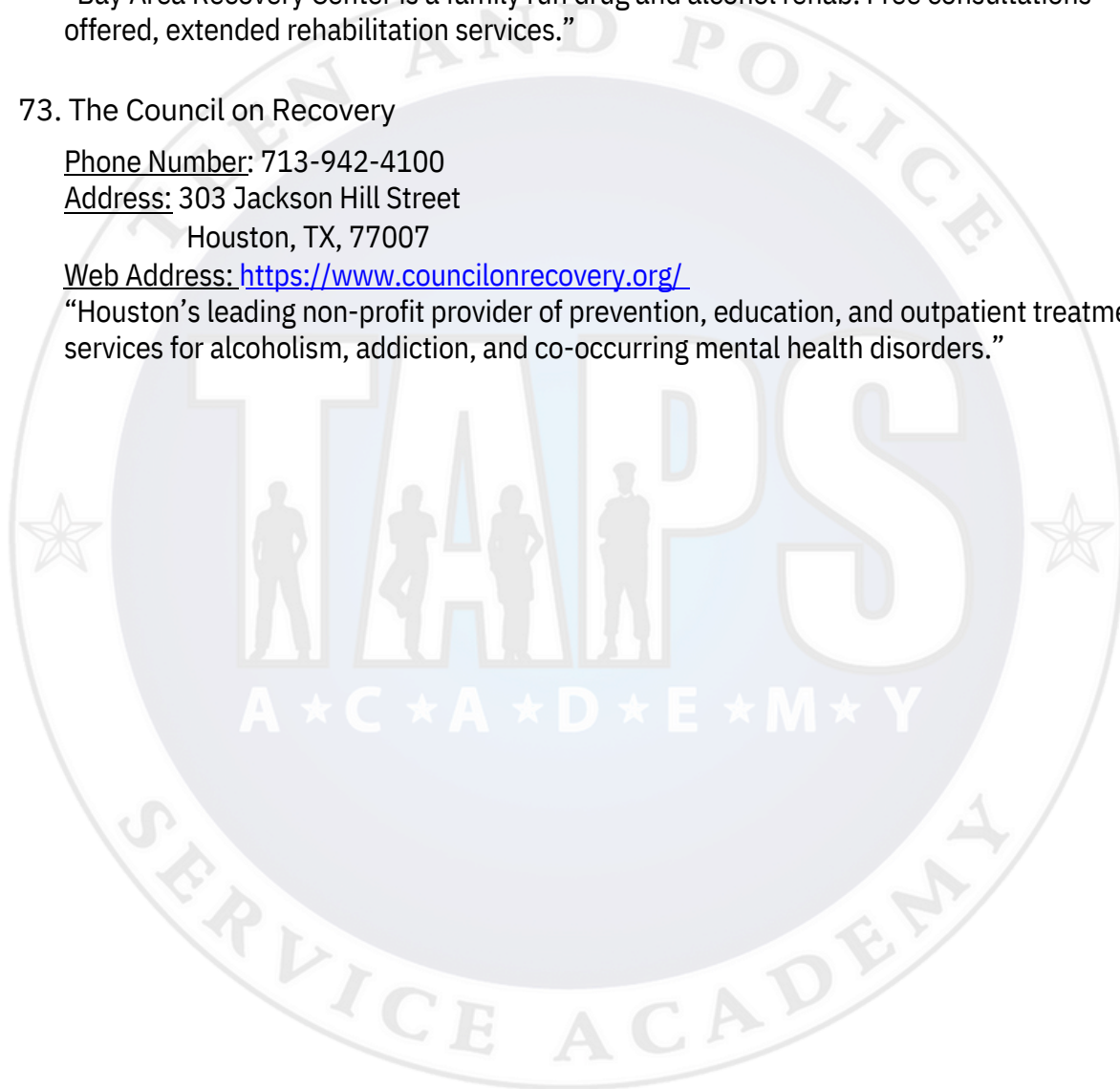
73. The Council on Recovery

Phone Number: 713-942-4100

Address: 303 Jackson Hill Street
Houston, TX, 77007

Web Address: <https://www.councilonrecovery.org/>

“Houston’s leading non-profit provider of prevention, education, and outpatient treatment services for alcoholism, addiction, and co-occurring mental health disorders.”



Transportation Services

74. Coast Transit Authority

Phone Number: 1-800-266-2320

Address: Information available on website

Web Address: <https://www.coasttransit.com>

“This service provides van transportation for residents of Harris and Galveston Counties. Trips to the Veteran’s Hospital in Harris County costs \$3.50 per trip, and the program includes “demand response” service with curb-to-curb pick-up and delivery.”

75. Harris County Rides

Phone Number: 713-368-7433

Address: 8410 Lantern Point Dr
Houston, TX 77054

Web Address: <https://www.rides.harriscountytexas.gov>

“This organization provides two types of transportation services: shared rides or taxis. These services are available for disabled individuals and seniors (65 or older). Clients must register to be part of the program. Members will receive a travel card that covers half of their travel expenses in Harris County (pick-up available in Montgomery County).”

76. Metro Lift

Phone Number: 713-225-0410

Address: 1900 Main Street
Houston, TX 77002

Web Address: <https://www.ridemetro.org>

“Public transportation from curve to curve for disabled Harris County residents. An application process is required which will include a form confirming the disability and a medical provider indicating the disability.”

Veterans Services

77. American Legion

Phone Number: 713-926-2420

Address: 7599 Avenue C
Houston, TX 77012

Web Address: <https://www.legion.org/financialassistance>

“We consist mostly of Veterans from the Vietnam era and a few from recent campaigns. We are always looking for veterans to assist the post and the community in keeping the legacy and traditions alive.”

78. Baker Ripley- Veterans Services

Phone Number: 832-799-2714

Address: 4450 Harrisburg Suite 200 (4th Floor)
Houston, TX 77011

Web Address: <https://www.bakerripley.org>

“At BakerRipley Veterans Services, we connect low-income families and individuals to opportunity so they can achieve the life they’ve imagined.”

79. Grace After Fire (Women Veterans)

Phone Number: 210-864-2959

Address: 2929 McKinney St
Houston, TX 77003

Web Address: <https://www.graceafterfire.org/>

“The mission of Grace After Fire is to provide the means for women Veterans to gain knowledge, insight and self-renewal.”

80. Harris County Veterans Services Department

Phone Number: 281-876-6600

Address: 2929 McKinney St
Houston, TX 77003

Web Address: <https://www.harrisvets.com/>

“Advocates for veterans and their dependents in Harris County, aid veterans and their dependents regarding compensation, pension, medical, educational, insurance, and death benefits. Assist veterans and their dependents in obtaining important documentation needed to apply for benefits.”

Veteran Support Groups

Living With Prostate Cancer

Phone Number: 404-397-1596 (or text 199-624-7228 on Webex)

“This support group is for veteran patients with a prostate cancer diagnosis. This group meets every 4th Tuesday of every month from 11am-12pm at the Cancer Center.”

Breast Cancer Support Group
Phone Number: 832-450-6137

“This support group is available for any veteran surviving breast cancer. This group meets every 2nd Tuesday of every month from 11am-12:30pm at the Cancer Center.”

VETS HELPING VETS
Phone Number: 404-397-1596

“This is a general cancer support group for veterans. This group meets every 3rd Tuesday of every month from 11am-12pm at the Cancer Center.”

Urology Stress Management Class
Phone Number: 404-397-1596 (or text 199 832 9590)

“This is a psychoeducational support group for veterans diagnosed with a prostate, bladder, and/or other cancers seen in the urology clinic. This group allows veterans to learn skills to manage stress, symptoms, side effects, and improve relationships. This group meets every 1st and 3rd Wednesday from 11am-12pm in the Urology Clinic.”

81. United Military Travel: Military and Government Travel Financing

Phone Number: 866-582-9579
Address: 999 Waterside Drive Suite 2525
Norfolk, VA 23510

Web Address: <https://www.unitedmilitarytravel.com>

“United Military Travel supports active duty, retired military, and government in their search for the most economical and convenient travel means.”

82. VET TIX

Phone Number: N/A
Address: N/A
Web Address: <https://www.vettix.org>

“Vet Tix provides tickets to events which reduce stress, strengthen family bonds, build life-long memories, and encourage service members and veterans to stay engaged with local communities and American life. We support our troops by honoring their service and providing positive family and life experiences, during and after their years of service to our country.”

Youth Services

83. Big Brothers Big Sisters Texas

Phone Number: 888-887-2447

Address: 1003 Washington Ave
Houston, TX 77002

Web Address: <https://bbbstx.org/>

“Big Brothers Big Sisters Lone Star provides volunteer opportunities for youth mentoring in one of the largest combined need areas.”

84. Casa de Esperanza

Phone Number: 713-529-0639

Address: 2911 Corder, Building A
Houston, TX 77054

Web Address: <https://www.casahope.org/>

“Casa de Esperanza offers a unique service in the Houston area, providing emergency and voluntary foster placements for infants and young children, up to six years old, without charge to the family or placing agency. Casa is one of the only agencies in Houston able to provide specialized care for infants and young children with complex medical needs and/or exposure to HIV/AIDS.”

85. DePelchin Children’s Center

Phone Number: 713-730-2335

Address: 4950 Memorial Dr
Houston, TX 77007

Web Address: <https://www.depelchin.org/>

“DePelchin Children’s Center supports and sustains children and the families who care for them. We provide comprehensive services focused on ensuring all children are part of safe, caring homes. We deploy evidence-based practices and strategies to prevent maltreatment, preserve healthy families, and bring healing to children who have experienced trauma by enhancing their physical health and mental well-being.”

86. Eyes on Me Inc.

Phone Number: 713-878-0278

Address: 8300 Katy Fwy.
Houston, TX 77024

Web Address: <https://www.eyesonmeinc.com/>

“Eyes On Me is a non-profit 501c3 that exists to mentor, disciple, and serve at-risk youth and their families. Our vision is to see communities and neighborhoods that are statistically low-income, high crime, over-looked, and under-served transformed and strengthened through reproducible discipleship and strategic mentoring.”

87. Generation One

Phone Number: 713-654-8008

Address: 3805 Burkett St.

Houston, TX 77004

Web Address: <https://www.generationone.net/>

“Our goal is to create an equitable landscape that creates high-quality opportunities to learn and grow—no matter what zip code a child lives in.”

88. Girls Inc.

Phone number: 713-802-2260

Address: 2190 N Loop W

Houston, TX 77018

Web Address: <https://girlsinc-houston.org/> “Our evidence-based programming is delivered by trained professionals who focus on the development of the whole girl, supporting, mentoring, and guiding girls in an affirming, pro-girl environment. Here, girls learn to value their whole selves, discover and develop their inherent strengths, and receive the support they need to navigate the challenges they face.”

89. Harris County Department of Education

Phone Number: 713-694-6300

Address: 6300 Irvington Boulevard (Main Office)

Houston, TX 77022

Web Address: <https://www.hcde-texas.org/>

“Harris County Department of Education supports Harris County by enriching educational opportunities and providing value through services.”

90. Hire Houston Youth

Email Address: hirehoustonyouth@houstontx.gov

Address: N/A

Web Address: <https://hirehoustonyouth.org/resources/>

“Hire Houston Youth serves as the facilitator to connect youth to local jobs where they are empowered with an “earn and learn” opportunity in Houston’s dynamic economy. Youth, age 16–24, are offered eight-week paid summer jobs and internships at the City of Houston, the public, private, and philanthropic sectors.”

91. HISD Department of Student Engagement

Phone Number: 713-556-6000

Address: 4400 West 18th St.

Houston, TX 77092-8501

Web Address: <https://houstonisd.org>

“Student re-engagement is a collaborative year-round effort between campus, district, and community organization staff to address declining enrollment across the district. The purpose of this page is to provide campuses an overview of the best practices, resources, and guidance needed to develop a systematic approach to support student recruitment and retention.”

92. Houston Children’s Charity

Phone Number: 713-524-2878

Address: 1600 West Loop South, Suite 610
Houston, TX 77027

Web Address: <https://houstonchildrenscharity.org/>

“Houston Children's Charity is a 501(c)(3) non-profit organization dedicated to improving the quality of life for Greater Houston’s underprivileged, abused, and disabled children who have been otherwise left behind. The scope of our support is limited only by the availability of resources. Our goal is to leave no legitimate request for assistance unanswered.”

93. Houston Health Department Win-Win Program

Phone Number: 832-393-4220

Address: 8000 N Stadium Dr
Houston, TX 77054

Web Address:

<https://www.houstonhealth.org/services/family-child-health/mbk/win-win>

“Law and the Community: WIN-WIN is a program of the My Brother’s Keeper Houston initiative. WIN-WIN was designed to eliminate hostile and deadly encounters between law enforcement, youth, and citizens in Houston.”

94. Houston ReVision Drop-In

Phone Number: 281-656-6615

Address: 6856 Bellaire Blvd.
Houston, TX 77074

Web Address: <https://www.houstonrevision.org/>

“reVision works to break the cycle of isolation among the most profoundly disconnected youth, most of whom are caught up in the juvenile justice system. By connecting one kid at a time to caring adults, positive peers and a program that works, we offer disconnected youth the opportunity to revision hopeful pathways.”

95. Houston Threads

Phone Number: [832-767-1878](tel:832-767-1878)

Address: 912 St Charles Street,
Houston Tx 77003.

Web Address: <https://houstonthreads.org/>

“We are a 501(c)(3) non-profit organization providing NEW clothing and accessories for referred and at-risk teens in the Houston area. Teens who qualify choose complete outfits, new socks, underwear, bras, toiletries, shoes, and seasonal items, when available. Our Mission is to provide a safe and nurturing shopping experience for teenagers in need. Our target age group is 12-21 years of age; to include teens in foster care, teens that have aged out of foster care, homeless teens, or other teens in need of support.”

96. National Runaway Helpline

Phone Number: 1-800-786-29291

Web Address: <https://www.1800runaway.org/>

Callers may report runaways, any information they have regarding a reported runaway.

97. Positive Black Males Association—Houston

Phone Number: 713-438-8839

Address: 180 Kirkaldy Dr.

Houston, TX 77015

Web Address: <https://www.pbmah.org>

“At PBMAH, we create opportunities for minority youth to improve their lives and their communities. By educating young people on the importance of overall academic success, health & wellness, and inspiring action; we are creating meaningful change across Houston, and the surrounding areas.”

98. Teen And Police Service (TAPS) Academy

Phone Number: 832-525-1560

Address (mail): 2726 Bissonnet #240

Houston, Texas 77005

Web Address: www.tapsacademy.org

“Started in 2011 by the Houston Police Department, TAPS Academy became a 501c(3) organization working to reduce the social distance between youth and police, teach life and crime prevention skills, build community and promote and enhance school safety.” TAPS operates in dozens of middle and high schools in the Houston area. Each summer it holds its Summer Youth Leadership Institute at the University of Houston free of charge where students can earn one high school credit.

99. Texas Rising Star - Gulf Coast Region

Phone Number: 1-800-735-2988

Address: N/A

Web Address: <https://www.wrksolutions.com/>

“Children who attend high-quality early learning programs, especially at-risk children, can make significant gains in their knowledge, skills, and abilities. In Texas, early

learning programs can pursue higher quality through several avenues. Texas Rising Star is one of these options for early learning programs, and for parents looking for high quality childcare for their children. Please fill out the inquiry form for more information.”

100. TheraGood Deeds

Phone Number: 832-880-7860

Address: 947 Marcella Street
Houston, TX 77091

Web Address: <https://theragooddeeds.com/>

“TheraGood Deeds is a 501(c)3 non-profit organization whose primary focus revolves around assisting inner city youth, also known as Our Future Achievers, become positive and affluent members of our society.”

101. The Troubled Movement, Inc.

Phone Number: 281-384-3995

Address: 6575 West Loop South, Suite 500
Bellaire, TX 77401

Web Address: <https://www.thetroubledmovement.org> “We believe every teenager should experience positive influences to combat their at-risk circumstances, such as, mental health issues, education barriers, and household struggles.

The Troubled Movement, Inc. is dedicated to uplifting teen boys and girls 11-18 by

102. UPS Dream Academy

Phone Number: 410-772-7143

Address: 3919 Ward Street
Houston - Foster, TX 77021

Web Address: <https://www.usdreamacademy.org/>

“Our vision is to lead the next generation of global-minded, character driven youth toward actualizing their full potential.”